

## Fall 2017 OCTOBER / NOVEMBER / DECEMBER

www.dsafnebraska.org

## **RECENT EVENTS**

Another annual member-favorite is in the books! The weather was "just right" for the 80+ guests on hand at the Ice Cream Social and Swim Party held at University Place Park and Aquatic Center in July. The mild temp was not too hot to melt the frozen custard sundaes (compliments of Culver's), nor too cold for an early evening swim with the family.

A beautiful day provided the perfect backdrop as DSAF member families gathered in September to take advantage of free admission to Henry Doorly Zoo & Aquarium. Thanks to the Omaha Zoo Foundation for providing this opportunity to DSAF membership. Watch for another Zoo outing being scheduled in June/July 2018.



Several members were anxious to get back into the "swing" of bowling with their



friends in October. The Teen/Young Adult Stars group is ramping up once again under the leadership of Sydney Ferrara. Sydney is a student at UNL majoring in Speech Language Pathology. She also works with Nebraska Miss Amazing. Sydney's passion and energy is palpable and we look forward to seeing what's in store for this group. Please contact Jodi at director@dsafnebraska.org if you would like to be included in group communication.

#### **UPCOMING EVENTS**

- Trip to the Pumpkin Patch, Roca Berry Farm, Roca Sunday, October 15; Register and enter between 9:30-10:30 a.m. to receive (up to) 2 paid admissions and special DSAF discount of \$9.50/person for additional guests.
- **2017 Educational Conference: Inclusion in 3D**, Country Inn & Suites Conference Center, Lincoln Saturday, October 28; See flyer included in this newsletter. Registration required, available at http://dsafnebraska.org/event-2543546.
- Shop with us at Charming Charlie, Lincoln Thursday, November 9, 5 9 pm
- Teen/Young Adult Stars Cooking Class, Lincoln Thursday, November 30
- Annual Holiday Party, Lincoln Saturday, December 2

Registration is encouraged. Visit www.dsafnebraska.org for more information.

## **MEMBERS OF THE BOARD**

Chris Marvin, PhD., joined the DSAF board in 2014. Chris is a Professor Special Education & Communication Disorders, University of Nebraska, and coordinates all training in early childhood special education. Many DSAF members know Chris from their partnerships with her in training graduate students learning to do home visits with infants with developmental delays. While serving on the Board, Chris helped organize the DSAF Smart Start series to provide valuable education to parents and educators concerning educational issues of individuals with Down syndrome. Chris has 40 years of professional experience as a teacher, speech-language pathologist and college professor.





Rick Bohaty joined the DSAF board in January 2015. Rick is the Director of IT, CHI Health St. Elizabeth's. Rick brings with him over 25 years of information technology knowledge and experience implementing solutions to solve information technology issues, increase productivity & efficiencies within processes and creating information sharing via social media. Rick has volunteered with Lincoln Clinic With a Heart for over two years providing support for clinical staff offering free medical services to the city of Lincoln and surrounding communities. Also a member of the Lincoln East Rotary, Rick has assisted with several technology implementations including building and implementing a social media presence for the organization and volunteering for community assistance programs sponsored by the Lincoln East Rotary. Rick is a native of Nebraska, graduated from the Phoenix Institute of Technology in Phoenix Arizona with a degree in architectural design and

drafting. Rick is married to Renee Bohaty and has one daughter, Hailey. In his spare time, Rick enjoys working on home improvement projects, riding motorcycles, and enjoying the outdoors.

### **MEDICAL OUTREACH**



There is a growing community of families with children with Down syndrome in Lincoln who speak Spanish. Since the DSAF of Nebraska's mission is to provide information and support to all families, we have started to target outreach events to the Spanish speaking community. On July 23rd, we meet at Christo Rey Church to offer networking, information, and support, with the help of translators to families who have a loved one with Ds. We hope to continue to build upon this event with future events for the Spanish community. If you are bilingual and would like to help translate for future events, please contact Holly Lohmeier at medicaloutreach@dsafnebraska.org.

# **INSERT CONFERENCE FLYER ON THIS PAGE**

## INTRODUCING YOUR NEW MEMBER OF THE BOARD

Julie Huls joined the DSAF board in January 2017. She is currently the Vice President of Trust Operations for Union Bank & Trust. She has 20+ years of experience in Operations Leadership and Project Management. She was invited to join the board after working with the board's current president, DEan Fuelberth. She is a graduate of Doane University with a degree in Business Management. She is also a long-time donor to the Nebraska Community Blood Bank, as well as an active volunteer at school, church and various community events. Julie plans to use her leadership, organization and project management skills to help the board achieve some of our many goals. She is from, and still resides in, Adams, Nebraska, which is approximately 30 miles southeast of Lincoln. Julie has two children, Trevor and Sydney. She stays very busy attending their sporting events and various other activities they are involved in. When she has spare time, Julie enjoys traveling, hiking, and any outdoor activities.



### **HUSKER HEROES**

Several DSAF families attended Husker Heroes in Lincoln on September 10th. **DSAF** contributes to O.N.E. Coalition. who sponsors the event. It was a time for individuals disabilities and their families to hang out with Husker athletes and try out various sports activities the Memorial Stadium.











#### **STARS BIOS**



#### **CONTACTS**

DEan Fuelberth, Board President Jennifer Lohmeier, Treasurer Chris Marvin, Board Member Rick Bohaty, Board Member Jennifer Brill, Board Member/Step Up Walk Chair Julie Huls, Board Member Mary Sweeney, Board Member Brandi Benson, Board Member Holly Lohmeier, Medical Outreach Torri Attebury, Lil' Stars Co-Chair Tracy Kadavy, Lil' Stars Co-Chair Liz Echternkamp, Super Stars Chair Caroline Fehlhafer, Teen/Young Adult Stars Chair Sydney Ferrara, Teen/Young Adult Stars Leader Kelly Ekeler, Newsletter Editor Kathryn Brockmeier, Newsletter Editor Jodi White, Program Director

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Other DSAF e-mails: info@dsafnebraska.org finance@dsafnebraska.org stepupwalk@dsafnebraska.org

## Down Syndrome Association for Families (DSAF)

P.O. Box 57362 Lincoln, NE 68505

Return Service Requested

Mission Statement: The Down Syndrome Association for Families is a Lincoln based non-profit organization that provides support for individuals with Down syndrome, their families, friends, educators and professionals who share in their lives.

Every person with Down syndrome is an individual who has a unique purpose and abilities. DSAF provides networking and a positive vision for the future.

Website: www.dsafnebraska.org Telephone: 402-421-1338 NON-PROFIT US POSTAGE PAID LINCOLN, NE PERMIT 1024

## LIL' STARS GOES TO MY GYM



Inside this edition...Recent Events, Oct. 28 Educational Conference, Meet Members of the Board