

### President's Message: Deb Safarik

Most of you should have received our Annual Report. Besides looking at all the great pictures I hope you took some time & were impressed by all the group events, programs, workshops, & conferences we have provided. Our outreach is impacting MD offices, hospitals, the community, new families, old families, & even across the country! If you are a board member, a committee chair or member, a volunteer for an event pat yourself on the back! It is because of the involvement of our members & others who have an interest in our group that we have accomplished so much & continue to grow.

We are now about 4 months away from our Step Up for Down Syndrome Walk. There is information on line & you should be receiving email information on ways to recruit walkers & encourage people to donate. The walk is our primary source for the support that funds our outreach. We have reached a sort of milestone in that we now have young adults leaving high school & moving on to other opportunities. I still remember one of our first picnics when we lined up our toddlers for a picture! We are stretching as a group & want to provide relevant outreach to the growing needs of our membership.

I appreciate Dean Fuelberth's article about prenatal testing. It is sobering to think Down syndrome may not be seen as frequently, we may no longer be the "face" so often used in representing disabilities. We want to be sure solid, hopefully realistic information is given to families who experience a diagnosis of Down syndrome. Down syndrome is only the first of disabilities that will have a prenatal blood screening available. People with disabilities are really the last great minority & these folks have a harder time speaking up for themselves. We must all be willing to stand up not just for our kids but others who need help representing the needs, dreams, wants of the disability community. DSAF of Nebraska hopes to be in the forefront for a long time doing just that.

-Deb Safarik

### Program Director Update: Lori Tackett

There have been so many things happening over the past few months with DSAF and the next months look to be just as full. We have new programs we plan to implement and are working to strengthen and grow our existing programs. Our first Kindergarten Roundup was a great success and we look forward to growing that as the years go on. This summer I'm excited to reunite our siblings from our first Sibling Workshop last January for a fun day at the zoo and we are already planning our next workshop. For those of you with children who are ready to ride a bike we still have two openings in our Bike Camp. The camp has had fabulous success in the past and we'd love to have your child join us.

There is a new group we are now a part of that I'd like you to know about called  
Organizations Networking for Everyone (O.N.E.) - Impacting Individuals with Special Needs

This is a group the DSAF helped start last year and we brought you Husker Heroes. We have confirmed that we will have another Husker Heroes event this year; look for details coming soon. We are also sponsoring the upcoming Ice Cream Social (details on page 8) and have a variety of events on the horizon. In addition to fun social events we also hope to plan educational events. We have quite a few grand plans in the future.

This group is a gathering of community members that represent a wide range of individuals with special needs. At our last meeting we had twelve people from ten different groups attend. I am really excited about what we can all get done when we work together!

-Lori Tackett



## World Down Syndrome Day - A Day to Celebrate!

Thank you to all of you who came out to enjoy our Ball Night and World Down Syndrome Day Events! Our children had fun playing basketball, football and volleyball with a great group of volunteers including Husker Football Player Will Henry. Will also stopped playing for a bit to sign autographs and pose for pictures. It was

great to see the children have fun and a good opportunity for our families to socialize. Thank you to all that made this a great night!

Another big thank you to members, families and friends who came out to Noodles and Company to support the DSAF and individuals with Down syndrome. We all enjoyed some wonderful food, some fabulous awareness and conversations. The fundraising night raised \$356.00 for the DSAF.



## Graduation - Another Reason to Celebrate!

Congratulations to several in our teen group who will be going through graduation for 2011!

Jamie Andrews - Lincoln Pius X High School

Rachel Moon - Lincoln North Star

## FACTS Posters - Photo Sessions

We are so excited to announce that Images for a Lifetime has agreed to provide free portrait sessions for our DSAF families. Photos from the portrait sessions will be used for our FACT posters for the October 1, 2011 Step Up for Down Syndrome walk. Photos will also be used throughout any DSAF publications.

The portrait sessions will look a little different from last year. Erica has scheduled the following dates, times and location for families to get a free 15-minute portrait session with their child(ren). The dates, times and location are as follows:

June 15 from 5 pm to 8 pm at Antelope Park on the south side of the Auld building.

June 16 from 5 pm to 8 pm at Antelope Park on the south side of the Auld building.



To take advantage of this photo opportunity, contact Images for a Lifetime at [\(402\)325-0057](tel:4023250057) to set up your 15 minute family/child session. Families will get to view the photos at a later date on-line and will be able to order photos at a discounted price and with no minimum order. Hurry and schedule your portrait session today!! When you schedule your appointment, let them know you are a member of DSAF. If these sessions fill, additional dates may be added in July, but in order to be used for fact posters, all photos need to be taken by August 1, 2011.

If you have any questions, please contact Liz Echternkamp at [#402-499-6842](tel:4024996842).

# Right planet, right child

Written By: Beverly Beckham, Globe Columnist

Sometimes I think it's as simple as this: my granddaughter Lucy was born on the wrong planet. There was a mix-up in paradise and she got on the wrong shuttle and ended up here on earth instead of in some galaxy a trillion miles away where everyone is like her.

Because in the world she was meant for, Lucy is perfect. Perfect size. Perfect student. Perfect child. She lands in the middle of every performance chart that doctors and schools so revere. She reaches all her milestones exactly when her peers do. She smiles and rolls over and crawls and talks and walks right on schedule.

In the world she was meant for she climbs as high as everyone else on the jungle gym, runs as fast, plays as hard. In class she knows as much as the boy in front of her and is a little bit better at sequencing than the girl beside her.

At lunch, she talks to the kids across the table and they talk back. She gets invited to play dates, has lots of friends, sings and dances and plays along with everyone else. And every afternoon when she comes home from school, her mother holds up her art work and spelling and arithmetic papers and smiles.

In the world she was meant for, even strangers look at Lucy and think, "I wish I had a little girl just like her," because she epitomizes childhood.

But by some geographical glitch, she landed on earth instead, in the hinterlands of evolution, where innocence is meant to be grown out of and where the tongue does all the talking, not the heart.

On the afternoons I pick up Lucy from first grade, I watch the children racing across the school yard, yelling and whooping and smiling, so many children, all the same. And then comes Lucy, holding her aide's hand, taking it slow, beaming when she sees me.

And I think, if we were the only family on earth, we wouldn't know that Lucy should be adding and subtracting and reading chapter books and running across a school yard eager to go home and play Wii. We wouldn't equate Down syndrome with limitations. We would instead think, isn't she amazing? Look at how she loves us. Look at how happy she is.

Lucy needs extra help with things. She depends on extra help because it takes her longer to learn what typical kids pick up easily. How to clap in rhythm. How to pump on a swing. How to say a whole sentence. How to add and subtract. How to write her name.

But she tries and tries and tries and tries. And when she gets it right, she is all joy.

Here on earth, we all depend on wheels. We don't have wings — we can't fly. This is our disability.

We accommodate this disability by using bicycles, cars, trains, and planes and, yes, these are clumsy, cumbersome things and, yes, we'd get places a lot faster if we could just spread our wings and fly.

But we don't beat ourselves up over this. We don't think of ourselves as imperfect because we can't take flight.

But we would if everyone else could fly.

Lucy cries when someone else cries. A child she doesn't know starts bawling on the playground and Lucy's lips quiver and the next thing you know she is crying, too. But soundlessly. This is Lucy's heart talking.

Was she sent here by mistake? Is she on the wrong planet? Or did she one day gaze out at the universe and see us here, on this flawed, messed up earth, and think: That's where I want to be. That's where I choose to be, with that family. With this mother and that father. In that little room with the tilted ceiling. Because that's where I am wanted. Because that's where I'll be loved.

## DSAF Kindergarten Roundup and Individualized Education Programs

Before the 2010/2011 school year ended parents and teachers were already planning for next school year. To answer some of the questions new parents have about starting school, DSAF hosted it's first ever Kindergarten Roundup. We brought in Lincoln Public School staff and DSAF parents with older children to help answer questions and give tips and advice to new Kindergarteners. There was a lot of information presented at the meeting. If you were unable to attend the Roundup and would like the handouts contact Lori Tackett.

The one thing nearly everyone who attended the Roundup wanted to learn more about was what to exactly put on their child's Individualized Education Program (IEP). It's not just Kindergarten parents that have questions about IEPs. All children qualifying for special education services are required to have an IEP. The IEP process can be overwhelming for parents due to complex federal laws & regulations.

### **A couple of websites you may want to reference as you think about writing your next IEP:**

LPS curriculum guidelines: <http://www.lps.org/instruction/curriculum/default.html>

Writing IEP Goals by Ruth Heitin, Ph.D., Educational Consultant: <http://www.wrightslaw.com/info/goals.lesson.heitin.htm>

If your child has an IEP we encourage you to attend our upcoming Wrightslaw training this summer! Come learn from Pete and Pam Wright how to write SMART IEP goals and objectives, use No Child Left Behind as a tool to open doors to services and Advocacy strategies to negotiate for appropriate special education programs.

**If you are a parent or guardian of a child receiving special education services, or a professional wanting to better serve kids with disabilities, you don't want to miss this 2-day training!**

To Register Online: <http://tiny.cc/9jspk>

## Recent DSAF Donations

Alliance Data	<i>Matching donation from James Schafer</i>
Anonymous donor	<i>In Memory of Marie Springsguth</i>
Liam Barr	<i>On behalf of Sean Neal &amp; Jake Ekeler</i>
Lana Bauer	<i>In honor of Claire &amp; Annie Bruns</i>
Ivette Bender	<i>In honor of Claire &amp; Annie Bruns</i>
Matthew Benefiel	
Nancy Brandt	<i>In honor of Claire &amp; Annie Bruns</i>
Linda Brown	<i>In honor of Claire &amp; Annie Bruns</i>
Debra Cruise	<i>In honor of Claire &amp; Annie Bruns</i>
Elizabeth DeNino	<i>In honor of Claire &amp; Annie Bruns</i>
Janet Gfeller	<i>On behalf of Sean Neal &amp; World Down Syndrome Day</i>
Bambie Gushard	<i>In honor of Claire &amp; Annie Bruns</i>
Caroline Hug	<i>In honor of Claire &amp; Annie Bruns</i>
Pat Kavanaugh	<i>In honor of Claire &amp; Annie Bruns</i>
Kohls	
Nebraska Dining LLC DBA Noodles	
Kim Rathe	<i>In honor of Claire &amp; Annie Bruns</i>
St. Mark's Community Outreach Foundation	<i>Grant for 2 bike camps</i>
Mary Lou Sandell	<i>In honor of Claire &amp; Annie Bruns</i>
Thrivent Financial for Lutherans Foundation	<i>Matching donation from Drew &amp; Andrea Woodburn</i>
Janet Wallace	<i>In honor of Claire &amp; Annie Bruns</i>

If you would like to honor someone for a special occasion or a memorial or work for an employer that has a matching gift program, please consider making a donation to DSAF. We accept donations throughout the year by mail or via the website.

## DSAF Medical Outreach Committee

The Medical Outreach Committee is currently updating our "Brand New Day" Parent Notebook that is in both BryanLGH East & St Elizabeth Regional Medical Center & available to MD offices. As more parents will be learning of a diagnosis of Down syndrome prenatally we see a need to divide our information into sections for prenatal & postnatal diagnosis. We also are excited to have the new "Understanding a Down Syndrome Diagnosis" by Lettercase which provides a "gold standard" of information for parents. This way no matter if you live in Hawaii, Nebraska, California, Kentucky, etc you should receive the same information about Down syndrome. This book, in English & Spanish, was prepared with the assistance of representatives from the National Society of Genetic Counselors, the American College of Medical Genetics, the American Congress of Obstetricians & Gynecologists, the National Down Syndrome Society, & the National Down Syndrome Congress. Having all these groups represented will help increase the credibility & acceptance by medical professionals.

The Medical Outreach Committee has recently visited with the staff of the Bryan NICU and Dr. Malee's office. We will continue our plan to meet with the hospitals, obstetricians, pediatricians, family practice doctors & their staff to share who we are, provide information, & put the DSAF out there as the group to contact when they have families who receive a diagnosis of Down syndrome. If you have a doctor's office you would suggest we contact please email Ame Creglow, Medical Outreach Chair: [ame.creglow@kenexa.com](mailto:ame.creglow@kenexa.com)

### Parent Training Session

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The Medical Outreach Committee is conducting a training session for any DSAF parents who would like to be part of an "On Call" team to support parents/families who learn that their baby has Down Syndrome (prenatally or postnatally). The goal of the Medical Outreach Committee is to offer each of those families an opportunity to speak with a trained parent.

The "On Call" team will have the chance to help support families in a personal, non-threatening way, listen, provide them with up-to-date information, and answer questions.

**Date:** Saturday, June 25<sup>th</sup>  
**Time:** 9:30am - 11:00am  
**Where:** St. Mark's Church (8550 Pioneers Blvd)

*"There is one thing which all of us in Parents' First Call agree: whatever our first reaction to the words Down syndrome, time has taught us that our children offer the same magical gift as all other children - the gift of love."  
- Massachusetts' Down Syndrome Congress Parents First Call*

## New DSAF Members

DSAF would like to welcome new members:

Shawn Talley, Katie & Tyler Ham, Justin Harris, Chandra Cooney, and Lori Prange.

Membership dues are \$10 per year and you can become a member or renew your membership online. If you know of anyone who would like to join the DSAF please have them contact Lori for more information.

# Prenatal Testing - Now; What is Coming; and the Reality of Science Fiction

Written by Dean Fuelberth

Thanks to the DSAF Board, I was given the wonderful opportunity to be one of three representatives at the 5th Annual Down Syndrome Affiliates in Action (DSAIA) National Conference in Dallas, Texas.

DSAIA holds an annual national conference to bring Down syndrome affiliate leaders together to share ideas, resources, network, and provide insights into what is and what is not working in individual organizations. It is exciting to be part of this assembly (over 200 leaders from 70 groups) who will help define the national and local future for individuals with Down syndrome. Different groups champion different projects - no matter what the group size - and the sharing of this expertise is key in allowing all affiliates to efficiently run at the local level. Our local DSAF has grown immensely the past five years, thanks in large part to the knowledge and partnerships stemming from these conventions and our DSAIA membership. Our first official Annual Report coming out this month illustrates our group's growth.

Many of you are aware of the 2007 ACOG (American College of Obstetricians and Gynecologists) recommendation that ALL pregnant women get prenatal screening for Down syndrome (vs. just for women over 35). You may also be aware that new tests are coming that will potentially result in a dramatic reduction of the next generations of individuals born with Down syndrome.

I attended a session by Dr. Brian Skotko at DSAIA on Prenatal Testing and wanted to share some of the highlights.

Options today for Prenatal Testing:

- CVS, Amniocentesis = invasive procedures with a risk of miscarriage, but can tell almost 100% if a fetus has Down syndrome
- Prenatal Screenings = non-invasive, but only give a percentage chance that a fetus might have Down syndrome (and could be a false positive or false negative)

New Pre-Natal Testing - the NEW WORLD:

- DNA / RNA test = non-invasive blood test available in the first trimester. This test checks for floating DNA that goes from the fetus via the umbilical cord into the mother's bloodstream. This is just one of several tests being currently explored by companies that will give the same near 100% accuracy of determining if a baby will be born with Down syndrome, but without any of the invasive risk (just a blood test).

Once these tests are approved and released, we will no longer have any "surprises" after birth of a parent finding out for the first time that their child has Down syndrome. Everyone will know beforehand.

So, the Down syndrome community's focus is shifting rapidly from just providing New Parent Packets at hospitals to engaging and educating medical professionals on how to deliver this diagnosis to new parents to allow for more informed decision making. Currently, statistics show a 90% termination rate for prenatally diagnosed cases. The information given by physicians in a positive prenatal diagnosis is poor. Statistics show that 10% urge patients to terminate the pregnancy, and an additional 13% emphasize enough negatives to favor the same option. So - we need to create better relationships with pediatricians, geneticists, OBGYN's, and other medical professionals so they will help in providing better resources showing a better "window" to what great possibilities exist for having a child with Down syndrome (through words, information, media, and networking avenues).

The key is for our organizations to be "Pro-information", not pro-life or pro-choice. A company called Lettercase has developed the gold standard for prenatal information with approval now from the medical community (and the Kennedy Foundation) that lists balanced, accurate, and up-to-date positive information to medical providers. The Kennedy-Brownback law, passed in October 2008, now mandates giving better balanced information to new parents upon diagnosis - and this Lettercase booklet is being used as a great tool to that end.

By now, you might be thinking:

- These new tests are probably decades away
- Does this really impact us in Lincoln, Nebraska?

Time Magazine printed an article on 3/21/2011 outlining that these new tests are not far away (look up the article online or ask Lori for a copy). One of the main companies almost had these tests out several years ago.

How does this impact me in Lincoln, Nebraska? A new independent study show that one out of every 691 live births results in a baby with Down syndrome. The State of Nebraska stats average out to about 40 children per year. Simple math shows that if the new tests are released without any change to the information presented pre-natally to expectant parents, Nebraska's birth rates could fall to 4 children per year. This would impact not only the population, but also flow into services, funding, and so many other facets of the lives of today's individuals with Down syndrome. Thanks to early intervention and community education, programs and opportunities for individuals with Down syndrome are greatly expanding. Who knows what the effect of such a drastic decline might do when our kids become an extreme minority.

The DSAF Medical Outreach Committee has actively been pursuing many ways to change its outreach from New Parent Packs in hospitals to also include many contact points with OBGYN's, nurses, and doctors that will have that first contact with families learning of news from these new tests. We are also partnering with regional Down syndrome associations in September to have a presence at an ACOG regional convention in Kansas City - giving out among other things the new Lettercase prenatal books.

My wife and I watched the science-fiction movie "Gattaca" last month, seeing it for the first time over 12 years ago prior to the birth of our daughter, Elissa, who has Down syndrome. The message is very powerful about using genetic control to get a society of "perfect" children (a form of genocide). At one point, the "flawed" main character who was born with heart issues is studying to become an astronaut, and his father says that "the only way you will see the inside of a spaceship is if you are cleaning it." Society had decided it wasn't worth even educating and training these individuals who were less than "perfect." Through his own perseverance, and the support of several others, he succeeds at becoming an astronaut through raising the bar and hard work - in spite of his medical shortcomings.

All of us know that it is the seemingly small milestones - like climbing a set of steps for the first time, reading a sentence, rolling over, living independently in an apartment, or finding a meaningful job - that some people would take for granted are HUGE accomplishments for our kids. Please keep striving to set the bar high, obtain resources and supports, and allow for society to see how kids with Down syndrome ARE like their peers and highly valuable, contributing members in the community. Utilize the DSAF resources and Step-Up to volunteer when possible to help our organization be a leader in the benefits it provides to Lincoln, to Nebraska, and beyond.

*This newsletter reports items of interest relating to Down syndrome. DSAF does not promote or recommend any therapy, treatment, program, etc. Any medical articles included in this newsletter are solely for information. Any medical questions should always be referred to your family physician. DSAF does not support any particular political or religious view. Individuals or organizations are not necessarily endorsed by this publication or its editor. We wish to bring together those interested in Down syndrome and attempt to create a positive, optimistic outlook and attitude. We want to help our kids reach their fullest potential and be included in their schools and communities.*

## UPCOMING DSAF AND COMMUNITY EVENTS

**June 11th - Ice Cream Social:** 3:30-5:30 at Antelope Park. Come by for some ice cream and fun! **Please RSVP to Lori** so we have an accurate head count for Ice Cream and supplies.



**June 25th - Parent Training:** 9:30-11:00am at St. Marks. The Medical Outreach Committee is conducting a training session for any DSAF parents who would like to be part of an "On Call" team to support parents/families who learn that their baby has Down Syndrome. (See Page 5 for Complete Details)

**July 8th - JEO-DSAF Golf Tournament:** Registration is now open: [www.jeogolf.com](http://www.jeogolf.com)



**Want to join other DSAF Members in a foursome for golf?**

**Contact Lori to get on a DSAF Foursome!**

There are also many Sponsorship opportunities available. If you have an idea for a corporate sponsor please contact Lori for more information.

**July 11th - 22nd- DSAF Bike Camp:** DSAF is able to offer this bike camp for 2011 and 2012 because of a grant from the St. Mark's Community Outreach Foundation

**July 29th & 30th - Wrightslaw Conference:** Register now - Space is limited: <http://tiny.cc/9jspk>

**August 7th - DSAF Annual Picnic and Pool Party:** Mark your calendars!

**October 1st - Step UP for Down Syndrome Walk:** It's not too early to start having your friends and family mark their calendars! Contact Lori if you would like more information on how to get your school involved this year, start your own walk team or have corporate sponsor ideas. The Step UP walk is our primary source of funding for all of the events listed above and we need your help to make this walk a success!

## DSAF Jewelry Sale

DSAF will be hosting a jewelry sale on November 12th at St Luke's Church from 8:00 a.m. to Noon. **But, in order to be successful, DSAF needs YOUR help!** We are accepting donations of ALL KINDS of jewelry: old, new, vintage, costume, gold . . . even broken items (which people purchase for crafts) are welcome! If you have items you would like to donate, please contact Lori Tackett at 402-314-1731 or Deb Safarik at 402-466-7641. We would like to start collecting items ASAP, so we can get them priced and organized well ahead of the jewelry sale date.

Contact Lori Tackett For Information:

[lori@dsafnebraska.org](mailto:lori@dsafnebraska.org)

## DSAF Committee Updates

### UPCOMING 'LIL STARS EVENTS!

Provides social events especially for our member families with children ages 0-5

**Thursday June 2 - 5:30-7:30pm: Ager Play Center**

Agar Play Center - 1300 S. 27th Street  
Pizza and drinks will be provided

The Ager Play Center has a large indoor play structure, playground equipment and an indoor track complete with kiddie vehicles. There is a separate toddler area for small children.

**\*\*PLEASE BRING SOCKS FOR YOUR CHILD TO WEAR\*\***

Please RSVP to Liz Echternkamp at [eldrenliz@gmail.com](mailto:eldrenliz@gmail.com) to ensure we have enough pizza and drinks.

### UPCOMING SUPER STARS EVENTS!

Provides meaningful social events for school-aged children - focusing on fostering peer relationships.

**Friday June 3rd : Kung Fu Panda 2**

Edgewood Theater - 5200 South 56th Street

Time: check website or email Caroline

Come Join Us For Kung Fu Panda 2.

DSAF will pay for 2 admission, a small pop & popcorn.

Contact Caroline Fehlhafer with questions or to volunteer to help with the Super Stars Events.  
[cmfehlhafer2001@gmail.com](mailto:cmfehlhafer2001@gmail.com) or 641-6578



DSAF Committee and Group Events are a great way to meet other families and have fun. Join us for one of our many DSAF events this summer. We look forward to seeing you!

### UPCOMING MOM'S NIGHT OUT!

**Saturday June 4th - 6:00pm: James Arthur Vineyard**

You are welcome to bring a little snack to share if you would like, but not necessary (snacks must be kept outside of building). They don't take reservations so find a table or area where we can sit & enjoy the scenery & company.

If you are interested in car pooling from Lincoln, meet at Loren Corey Eiseley Lincoln Library at 5:45.

Please RSVP to Liz Echternkamp at [eldrenliz@gmail.com](mailto:eldrenliz@gmail.com)

### CONTACTS

**Deb Safarik**, President of DSAF Board  
**Dean Fuelberth**, Vice-President of DSAF Board  
**Jane Quiring**, Treasurer of DSAF Board  
**Dyann Rupp**, Secretary of DSAF Board  
**Ame Creglow**, Medical Outreach Committee Chair  
**Liz Echternkamp**, Lil' Stars Chair  
**Caroline Fehlhafer**, Super Stars Chair  
**Amy Svoboda**, Parents and Teens Chair  
**Lori Tackett**, DSAF Program Director  
**Angie Willey**, Email Blast Coordinator

[debsaf@inebraska.com](mailto:debsaf@inebraska.com)  
[dean@fuelberth.com](mailto:dean@fuelberth.com)  
[nejq@hotmail.com](mailto:nejq@hotmail.com)  
[dyrupp@inebraska.com](mailto:dyrupp@inebraska.com)  
[ame.creglow@kenexa.com](mailto:ame.creglow@kenexa.com)  
[eldrenliz@gmail.com](mailto:eldrenliz@gmail.com)  
[cmfehlhafer2001@gmail.com](mailto:cmfehlhafer2001@gmail.com)  
[amysvo@gmail.com](mailto:amysvo@gmail.com)  
[ltackett@neb.rr.com](mailto:ltackett@neb.rr.com)  
[awilley1@yahoo.com](mailto:awilley1@yahoo.com)  
[dsafnebraska@gmail.com](mailto:dsafnebraska@gmail.com)

DSAF  
PO Box 57362  
Lincoln, NE 68505

Return Service Requested

### Down Syndrome Association for Families

**Mission Statement:** The Down Syndrome Association for Families is a Lincoln based non-profit organization that provides support for individuals with Down syndrome, their families, friends, educators and professionals who share in their lives.

Every person with Down syndrome is an individual who has a unique purpose and abilities. DSAF provides networking and a positive vision for the future.

[www.dsafnebraska.org](http://www.dsafnebraska.org)

telephone 421-1338

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## Calendar of Events Not to Be Missed!

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| <b>June 2<sup>nd</sup> :</b>                       | Lil' Stars go to Ager Play Center (See page 9 for details)       |
| <b>June 3<sup>rd</sup>:</b>                        | Super Stars Event—Kung Fu Panda 2 (See page 9 for details)       |
| <b>June 4<sup>th</sup> :</b>                       | Mom's Night Out – James Arthur Vineyard (See page 9 for details) |
| <b>June 11<sup>th</sup> :</b>                      | Ice Cream Social – 3:30-5:30 (See page 8 for details)            |
| <b>June 13<sup>th</sup>:</b>                       | Medical Outreach Meeting - Always looking for new members!       |
| <b>June 14<sup>th</sup> :</b>                      | Sibling Outing at the Zoo  |
| <b>June 25<sup>th</sup> :</b>                      | Medical Outreach – New Parents Training (See page 5 for details) |
| <b>June 27<sup>th</sup>:</b>                       | Step UP Walk Meeting - come get involved!                        |
| <b>July 8<sup>th</sup>:</b>                        | JEO Golf Tournament to benefit DSAF - (See page 8 for details)   |
| <b>July 11<sup>th</sup> - 22<sup>nd</sup>:</b>     | Bike Camp – helping our children learn to ride!                  |
| <b>July 29<sup>th</sup> &amp; 30<sup>th</sup>:</b> | Wrightslaw Conference (See page 8 for details)                   |
| <b>August 7<sup>th</sup>:</b>                      | Annual Picnic and Pool Party                                     |
| <b>October 1<sup>st</sup>:</b>                     | Step UP for Down Syndrome Walk                                   |
| <b>November 12<sup>th</sup>:</b>                   | DSAF Jewelry Sale (See page 8 for details)                       |

Contact Lori Tackett  
for Details:  
[lori@dsafnebraska.org](mailto:lori@dsafnebraska.org)